

GLAMGUIDE
HOT TICKET

Catch February fever

Here's your guide to a fantastic month.



Gotta pick the perfect grapes

Cape Town

Rock the river Up The Creek is all about the best in SA music when, for four days, a quiet country campsite is transformed into a hub of revelry, raging rock and dance-your-feet-off performances by the likes of Boo!, aKING, Jack Parow, Flash Republic and Karen Zoid. From 4-6 Feb on the banks of the Breede River, Swellendam. Book through ticketbreak.co.za.

Get stomping Attention wine aficionados and budding vintners! Here's your chance to experience the magic of harvest for a day. At Robertson's Hands-on Harvest you can go grape-picking, stomp your own grapes, enjoy delicious tastings, shop at the harvest market and indulge in local culinary delights. From 25-27 Feb at various wine farms along the Robertson Wine Valley route. Visit handsonharvest.com.

Eat Play Love Backsberg Estate Cellars' popular picnic concert series showcases the best of local talent. So pack your picnic blanket, cooler box and hat, and catch Albert Frost on 23 Jan, Robin Auld on 30 Jan, Wrestlerish on 6 Feb and Schalk Joubert & Friends on 13 Feb. At the Backsberg Wine Estate in Paarl. Tickets available from selected Musica outlets and ticketbreak.co.za.

Have some faith Catch Maxi Jazz, Sister Bliss and Rollo as dance legend Faithless hits SA's shores. Hot on the

Creative juice Regarded as one of the world's greatest celebrations of creativity, the Design Indaba Expo is your chance to be thrilled by the imagination and talent of artists, stylists, designers and trend spotters. Shop up a storm and support SA style. From 25-27 Feb at the CTICC. Book through computicket.com.

heels of their new album *The Dance*, they'll get your blood pumping to new tracks and old favourites like 'Insomnia', 'God is a DJ' and 'Mass Destruction'. On 4 Feb at Cape Town's GrandWest Casino and 5 Feb at Joburg's Gallagher Convention Centre. Book through computicket.com.

Eclectic sounds Grammy award-winner Imogen Heap is famous for her folk-hued kaleidoscope of vocals, lyrics, melody and instrumentation. On at the Paul Cluver Forest Amphitheatre from 4-5 Feb. Book through computicket.com.

Vine time Celebrate and bless the grapes – and your wine glass – at the Spier Wine Harvest Festival. On 26 Feb at Spier. Visit spier.co.za.



Get your inspiration fix at the Expo

THE FOOD OF LOVE

We've found the best Valentine's spots for you and your lover-boy, a new man or the girls.



Waterford

CAPE TOWN SPOTS

CUPID'S KEY

- ♥ = lover-boy
- ♣ = new man
- ♠ = the girls

221 Cruise and Dinner ♥
Shop 221, Upper level; V&A Waterfront; 021 418 3633

As you float on the Atlantic, with a glass of bubbly in your hand while watching the sun

set behind Table Mountain, you'll realise life doesn't get much better than this! Leaving the Waterfront at seven, the small sailing boat cruises around the Mother City for nearly two hours, giving you time to sit back and revel in the views (and each other). Once back on land, you'll be whisked up to 221 for a fabulous three-course meal, by which point, love really should be in the air... R370 per person.

Pepper Club on the Beach ♥♣

Victoria Rd, Camps Bay; 021 438 9551
What's more romantic than a summer evening on the beach, watching the sunset? Perhaps a gourmet dinner at the same time? While homemade picnics often mean soggy sandwiches, the Pepper Club has found a way to make you feel like a bona fide film star. Go to their beachfront

restaurant, pick up your retro wicker basket (R140) and huge velvet rug and head down to the sand. Inside the basket you'll find enough food to feed a small army. Quiches, salads, chicken, sandwiches, prawns, tiramisu, and the list goes on! Snuggle up and feel the butterflies.

Waterford ♠ **Blaauwklippen Rd, Helderberg, Stellenbosch; 021 880 0496**
Wine and chocolate feature high on any woman's list of favourite things. So what could be better than a day when you can indulge in just that! Head to the beautiful Waterford Wine Estate where for R60 a personal guide will take you through their different vintages and chocolates. Yum! You'll quickly pick up various flavours and what works together the best. A great luxury experience for the girls.